

## Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: Bloom Twp HS District 206

School Name: Bloom HS

Date Completed: 6-8-2022

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### Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

Goals for Nutrition Education

Nutrition Standards for School Meals

Wellness Leadership

Goals for Nutrition Promotion

Nutrition Standards for Competitive Foods

Public Involvement

Goals for Physical Activity

Standards for All Foods/Beverages  
Provided, but Not Sold

Triennial Assessments

Goals for Other School-Based  
Wellness Activities

Food & Beverage Marketing

Reporting

**Part II: Goal Assessment**

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Education</b>				
* Schools will support & promote good nutrition	X			
* Foster relationship between good nutrition, physical activity, & capacity of students to learn	X			
* Nutrition Education part of Health Education	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Promotion</b>				
Not included in current policy			X	New policy needed

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Physical Activity</b>				
* Support active lifestyle for students	X			
* P.E. taught in all grades	X			
* Daily P.E. course for all students	X			
* Curriculum in IL Learning Standards for P.E.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Other School-Based Wellness Activities</b>				
Not included in current policy			X	New policy needed

### Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

Alliance for a Healthier Generation's Model Wellness Policy

Rudd Center's WellSAT 3.0

Other: ISBE Local Wellness Policy

1. What strengths does your current Local Wellness Policy possess?

Goals for Nutrition Education  
Goals for Physical Activity

2. What improvements could be made to your Local Wellness Policy?

Add: Goals for Nutrition Promotion  
Goals for School Based Wellness Activities  
Nutrition Standards for Competitive Foods  
Standards for all Foods/Beverages provided, but not sold

Food & Beverage Marketing  
Policy Leadership  
Triennial Assessments  
Reporting

3. List any next steps that can be taken to make the changes discussed above.

Local Wellness Policy should be updated